

Gluten Free Menu-All of these items are cooked in a kitchen that contains gluten. We do our best to not cross contaminate. If you have questions about how we are preparing your gluten free food please ask. Please tell your server that you need everything prepared gluten free.

Appetizers:

Grilled Garlic Lime Shrimp Skewer-Two skewers of shrimp with lemon 7.99

Margarita Flat Bread Pizza-Our 10' gluten free pizza crust topped with fresh mozzarella cheese and a mixture of fresh tomato, garlic and fresh basil 12.99

Gourmet 1/3 lb ground steak burgers:*please reinforce that you need these on a gluten free bun*

Steak Avocado Burger- Our steak burger topped with fresh made guacamole, pepper jack cheese and smoky chipotle sauce served with lettuce, tomato and onion 8.10

Chipotle Steak Burger-Harbor Favorite! Our steak burger topped with chipotle BBQ, cheddar cheese and Jalapeno bacon. 8.10

Steak Olive Burger-Parmesan Pepper sauce and green olives sandwiched between slices of American and Swiss cheese, with Lettuce 7.60

Steak Pepper Burger-Zip up your day with our Steak Burger, raw onions, and jalapeno peppers sandwiched between two slices of American Cheese 7.09

Steak Harburger- a grilled steak burger on a toasted bun 5.90

Steak Cheeseburger- our 1/3 lb burger topped with your choice of Swiss, American, Pepper Jack or Cheddar 6.40

Steak Blues Burger- we top this one with Bleu cheese to give it a distinguished taste. 6.89

Bacon Deluxe Steak Burger- Two char-grilled patties with cheddar cheese, bacon, lettuce and tomato 9.59

Island Burger- Char-grilled with Thousand Island dressing, lettuce and a few raw onions 7.10

Tenderloin Steak Sandwich-treat yourself to a fresh 6 oz cut of tenderloin grilled to your liking. Please remind your server-no onion rings on top 10.60

From the Waters: * please reinforce that you need these on a gluten free bun.*

Jamaican Grilled Yellowfin Tuna- Yellowfin Tuna fillet seasoned with jerk seasoning served on a bed of spring greens with cool cusabi dressing on the side 10.99

Grilled Mahi Mahi Sandwich- Mahi Mahi lightly brushed with Key West seasonings and olive oil. Served with lettuce and tomato on a Gluten Free bun 10.09

Grilled Tuna Steak Sandwich- Tuna steak char-grilled on a toasted Gluten Free bun and served with lettuce and tomato 10.09

Grilled "Wild" Sockeye Salmon Plate-Grilled wild salmon with mango salsa, a garden salad (please remind your server that you cannot have croutons or a breadstick!) Your choice of dressing: Blue Cheese, Ranch, Thousand Island, Parmesan Peppercorn, Raspberry Vinaigrette, Fat Free Italian, or Chipotle Ranch. 12.99

Sandwiches: *please reinforce that you need these on a gluten free bun*

Grilled Chicken Caesar Sandwich: Char-grilled chicken breast nestled on lettuce with shredded Parmesan cheese and our great Caesar dressing 7.90

Grilled Chicken Sandwich: A tender chicken breast fillet char-grilled with lettuce and tomato 7.60

Texas BBQ Chicken: Grilled Chicken slathered with tangy BBQ and topped with melted cheddar and crispy bacon 8.10

Grilled Chicken Chipotle Sandwich: Grilled Chicken served with lettuce, jalapeno bacon, pepper jack cheese with chipotle ranch dressing 8.09

Fire Bird: Char-grilled chicken breast sautéed in buffalo sauce, topped with Blue cheese and lettuce 8.09

Pizza-YES PIZZA! Our 10” Gluten Free crust is made in a gluten free facility and is cooked on separate pizza pans. We use separate sauce and pizza cutters on our Gluten Free Pizza! Please remind your server that this is a gluten free pizza.

Garlic Chicken Pizza-garlic and olive oil infused crust topped with fresh spinach, onions, tomato, artichoke hearts, chicken breast, and mozzarella cheese. 17.99

Summer Vegetarian: Our homemade creamy vegetable spread topped with fresh spinach, artichoke, sliced mushroom, red onion and tomatoes. \$17.99

10” Cheese Pizza 11.99

Extra Toppings:

Sausage, mushrooms, onions, black olives, green olives, chicken, bacon, pepperoni, tomatoes, green peppers, jalapeno peppers, artichokes, fresh spinach and extra cheese.

Each topping: 1.00

Salads: Please remind your server that you can't have croutons, breadsticks, tortilla strips and Asian Noodles.

Oriental Salad: Simply delicious; touch of onion, diced celery, sliced grilled chicken and crisp lettuces. Served with our freshly made dressing. **Please remind your server –no breadstick and no**

Chow Mein noodles. 8.49

Greek Salad: Crisp lettuces, tomatoes, kalamata olives, cucumbers, onion and fresh feta! Served with our freshly made lemon red wine vinaigrette. **Please remind your server-no breadstick.** 8.99

Chicken Caesar- perfectly tossed blend of Romaine lettuce, Parmesan cheese, and grilled chicken served with creamy Caesar dressing. **Please remind your server-no croutons and no breadstick.** 8.49

Garden Salad- Fresh mixed greens, tomato, cucumber, and onions. **Please remind your server-no croutons and no breadstick.** 3.99 Your choice of dressing: Ranch, French, 1000 Island, Chipotle Ranch, Parmesan Peppercorn, Raspberry Vinaigrette, or Italian.

Cranberry Walnut Salad- Fresh spring greens, grilled chicken, sweetened dried cranberries, toasted walnuts, blue cheese, and purple onions. Served with a honey raspberry vinaigrette dressing. **Please remind your server-no breadstick.** 8.99

And for dessert! **Salted caramel cheesecake-** The crust is made from salted crushed pecans, topped with creamy cheesecake and covered with caramel \$4.99

Death By Chocolate Cake- This cake contains two kinds of dark Belgian chocolate to create this chocolate mousse cake. You would never know this one is gluten free! \$4.99

WE ALSO CARRY POINT BREWERY CIDER BOYS GLUTEN FREE CIDER BEER AND LAKESHORE BREWERY NEW CRIST BEER! ALSO, ASSORTED FLAVORS OF DEEP EDDY GLUTEN FREE VODKA.